

DSC ADULT SOCCER LEAGUE RULES

There are two separate leagues this season...co-ed and open.

Rule 1 - The Players

7v7 (6 field players + goalkeeper), with no less than 5 players on the field at all times. For Adult Coeds, a minimum of two ladies or a maximum of 5 men on the field at all times.

All players must be registered and signed the team/individual waiver form.

Substitutions: Each team may substitute players at any stoppage during the game if it is their possession. Players must be at midfield to substitute.

Rule 2 - The Players' Equipment

Players wear their team's uniform, consisting of the same colors with unique numbers 6 inches or bigger on the back, shin guards covered by socks. Jewelry and other accessories are prohibited. The Goalkeeper shall wear jersey colors distinguished from all other field players and from the Referees.

Rule 3 - The Referee

The decisions of the Referee regarding facts connected with play and interpretations of the Rules are final.

Rule 4 - The Duration of the Game

A regulation game consists of two halves of 30 minutes. With a halftime period of no more than 3 minutes. Playoff and tournament games may be shorter depending on the event and allotted time.

Rule 5 - The Start and Restart of Play

A **Kickoff** from the Center Mark starts play at the beginning of each half and after every goal. A player who starts play may not again play the ball until it touches another player. A goal may not be scored directly from the kickoff. At the start of each game, the home team takes the kickoff for the first half kickoff and any overtime period. Teams switch goals and the visiting team takes the kickoff for the second half.

All Free Kicks are indirect. Before the team takes the free kick, the ball must be stationary. All opposing players are at least 15 feet from the spot of the free kick (or, if within 15 feet of the opponent's goal, along the goal line). The spot of the free kick is at the place of the infraction.

Rule 6 – Midline Rule

A **violation** occurs when a goalkeeper propels the ball in the air across the Halfway Line toward the opponent's Goal without touching the line, another player or a referee on the field of play. The ball will be placed at the midfield line at the spot of the infraction.

Rule 7 - The Method of Scoring

A team scores a goal when the whole of the ball legally passes over the Goal Line. A goal may not be scored directly from a kickoff. 1 point is awarded for each goal. For Adult Coeds, 2 points are awarded for each goal scored by a lady.

Win- 3 points

Tie- 1 point

Loss- 0 points

Tie Breaking Procedures: 1) Head to Head 2) Goal Differential

Tournament: In the case of a Tie there will be a 5 min. overtime period. If there is still no winner the higher seed advances. If they are the same seed the team with the highest goal differential wins.

There are no Offsides.

Rule 8 - Fouls and Other Violations

FIFA Laws of the Game apply to all infractions, including but not limited to: kicking, pushing, tripping, handling the ball, etc. All free kicks are indirect.

No slide tackling, or dangerous sliding allowed in any division of play. Repeated violations shall result in time penalties.

Yellow-carded player is required to substitute.

2nd yellow or 1st red card; player sits the remainder of the game and that team plays short the remainder of the game.

Foul language offense results in automatic yellow card.

2 Yellow cards = Red card

Fighting is not tolerated-Players involved will be terminated from the game and the league.